



### VEGETABLE DISHES

- 320. Braised Tofu in Sweet & Sour Sauce ..... £12.80
- 321. Braised Bamboo Shoots & Chinese Mushroom ..... £11.80
- 322. Stir Fried Shredded Mixed Vegetables ..... £11.80
- 323. Braised Aubergine in Chilli Tofu Sauce ..... £11.80
- 324. Vegetarian Ma Po Tofu ..... £12.80
- 324.1 Ma Po Tofu (Tofu with Shredded Pork) *non-vegetarian* ..... £12.80
- 325. Braised Deep Fried Tofu in Oyster Sauce ..... £12.80
- 326. Braised Tofu in Szechuan Sauce ..... £12.80
- 326.1 Salt & Pepper Deep Fried Japanese Egg Tofu in Batter ..... £16.80
- 326.2 Salt & Pepper Aubergine in Batter ..... £14.80
- 327. Stir Fried Chinese Mushroom & Seasonal Vegetable ..... £13.80
- 328. Stir Fried Straw Mushroom & Chinese Mushroom with Vegetable ..... £13.80
- 329. Stir Fried Straw Mushroom & Baby Sweet Corn ..... £10.80
- 330. Stir Fried Mixed Vegetables in Satay Sauce ..... £10.80
- 331. Mixed Vegetables with Green Peppers in Black Bean Sauce ..... £10.80
- 332. Stir Fried Mixed Vegetables in Sweet & Sour Sauce ..... £13.80
- 333. Stir Fried Broccoli & Mange Tout in Garlic Sauce ..... £10.80
- 335. Stir Fried Mixed Vegetables ..... £10.80

### CHINESE VEGETABLE

- 335.1 Stir Fried Pak Choi with Garlic ..... £13.80
- 335.2 Stir Fried Choi Sum with Garlic ..... £14.80
- 335.3 Stir Fried Chinese Broccoli with Ginger Sauce (Kai Lan) ..... £14.80
- 335.5 Stir Fried Morning Glory with Garlic ..... £14.80
- 335.6 Stir Fried Morning Glory Spicy Malaysian Style ..... £14.80

### RICE & NOODLES

- 336. Glamorous House Special Crispy Noodles ..... £16.80
- 337. Assorted Seafood Crispy Noodles ..... £16.80
- 337.1 Assorted Seafood Japanese Udon ..... £16.80
- 338. King Prawn Crispy Noodles ..... £16.80
- 339. Combination Fried Rice ..... £17.80  
*(King Prawns in White Sauce & Chicken in Tomato Sauce)*
- 340. Shredded Pork Crispy Noodles ..... £14.80
- 341. Squid & Seasonal Vegetable with Crispy Noodles ..... £16.80
- 342. Sliced Beef Crispy Noodles ..... £14.80
- 342.1 Beef Ho Fun (Dry) ..... £14.80
- 343. Chicken Crispy Noodles ..... £14.80
- 344. Minced Beef Fried Rice ..... £14.80
- 345. Young Chow Fried Rice ..... £14.80
- 346. Stir Fried Vermicelli Singaporean Style ..... £14.80
- 346.1 Singapore Fried Rice (Pork & Shrimps) ..... £14.80
- 347. Vegetarian Stir Fried Vermicelli Singapore Style ..... £13.50
- 348. Vegetarian Fried Vermicelli Amoy Style ..... £13.50

Add Seasonal Vegetable	+ £2.00	Small Bowl of Chilli Soy Sauce	+ £4.00
Stir Fried with XO Sauce	+ £1.00	Change Crispy Noodles to Soft Noodles	+ £1.00
Small Bowl of XO Sauce	+ £4.00	Change Ho Fun to Soy Sauce Dry-Fried Ho Fun	+ £1.00

### SIDES

- 349. Deep Fried Crispy Noodles ..... £10.00
- 350. Stir Fried Soft Noodles with Beansprouts ..... £10.50
- 351. Stir Fried Beansprouts ..... £7.00
- 352. Braised Bamboo Shoots in Oyster Sauce ..... £9.00
- 353. Braised Mushrooms in Oyster Sauce ..... £9.00
- 354. Sweet & Sour Sauce ..... £4.00
- 354.1 Curry Sauce ..... £4.00
- 355. Egg Fried Rice ..... £4.50
- 356. Boiled Rice ..... £3.50
- 357. Chips ..... £4.50
- 358. Salt & Pepper Chips ..... £5.50

Suitable for vegetarian



### SPECIAL BANQUET A

**£30.00 per person** (minimum order for 2 persons)

#### SOUP

Chicken & Sweet Corn Soup  
(Served with Prawn Crackers)

#### STARTER

Steamed Pork & Prawn Dumpling (Sui Mai)  
Deep Fried Prawn Parcel  
Crispy Prawn Won Ton  
Crispy Spring Roll, Crispy Seaweed

Aromatic Crispy Duck

*(Served with pancakes, cucumber, spring onions & ho-sin sauce)*

#### MAIN COURSE

**For 2 persons:**

Sweet & Sour Chicken  
Stir Fried Beef in Szechuan Sauce  
Stir Fried Mixed Vegetables in Satay Sauce  
Egg Fried Rice

**For 3 persons, as above plus:**

Stir Fried Pork with Green Peppers in Black Bean Sauce

**For 4 persons, as above plus:**

Tender Lamb Slices with Ginger & Spring Onion

**For 5 persons or more, as above plus:**

Stir Fried King Prawn with Cashew Nuts

### SPECIAL BANQUET B

**£36.50 per person** (minimum order for 2 persons)

#### SOUP

Prawn Won Ton Soup  
(Served with Prawn Crackers)

#### STARTER

Salt & Pepper Spare Ribs  
Deep Fried Prawn Parcel  
Fillet Steak Roll in Black Pepper Sauce  
Sesame Prawn on Toast  
Crispy Spring Roll, Crispy Seaweed

Aromatic Crispy Duck

Minced Chicken & Vegetable Lettuce Wrap  
*(Served with pancakes, cucumber, spring onions & ho-sin sauce)*

#### MAIN COURSE

**For 2 persons:**

Sizzling Fillet Steak in Satay Sauce  
Kung Po King Prawn  
Stir Fried Broccoli & Mangetout in Garlic Sauce  
Young Chow Fried Rice

**For 3 persons, as above plus:**

Stir Fried Chicken in Szechuan Sauce

**For 4 persons, as above plus:**

Stir Fried Duck in Plum Sauce

**For 5 persons or more, as above plus:**

Tender Lamb Slices with Green Peppers in Black Bean Sauce



### SUPREME SEAFOOD BANQUET

**£39.50 per person** (minimum order for 2 persons)

#### SOUP

Assorted Seafood & Tofu Soup  
(Served with Prawn Crackers)

#### STARTER

Deep Fried Seafood Roll  
Deep Fried Squid, Deep Fried Oyster  
Sesame Prawn on Toast  
Baked Mussels in Szechuan Sauce  
Crispy Seaweed

Salt & Pepper Soft Shell Crab

#### MAIN COURSE

**For 2 persons:**

Stir Fried Squid with Mangetout in XO Sauce  
King Prawns & Honey Peach in a Phoenix Nest  
Stir Fried Straw Mushroom & Asparagus  
Seafood Fried Rice Thai Style

**For 3 persons, as above plus:**

Deep Fried Fish Filet in Szechuan Sauce

**For 4 persons, as above plus:**

Stir Fried Scallops with Green Peppers in Black Bean Sauce

**For 5 persons or more, as above plus:**

Steamed Sea Bass with Ginger & Spring Onions

### VEGETARIAN BANQUET

**£28.00 per person** (minimum order for 2 persons)

#### SOUP

Creamy Vegetarian Sweet Corn Soup  
(Served with Prawn Crackers)

#### STARTER

Spring Onion Pancake  
Vegetarian Sausage  
Deep Fried Vegetarian Won Ton  
Crispy Vegetarian Spring Roll  
Crispy Seaweed

Mongolian Crispy Vegetarian Lamb

*(Served with pancakes, cucumber, spring onions & ho-sin sauce)*

#### MAIN COURSE

**For 2 persons:**

Tofu in Black Bean Sauce  
Stir Fried Straw Mushroom & Asparagus  
Beansprouts with Shredded Mixed Vegetables  
Egg Fried Rice

**For 3 persons, as above plus:**

Stir Fried Mixed Vegetables in Garlic Sauce

**For 4 persons, as above plus:**

Stir Fried Aubergine in Szechuan Sauce

**For 5 persons or more, as above plus:**

Bailing Mushroom with Seasonal Vegetable



## GLAMOROUS RESTAURANT

1st & 2nd Floor Wing Yip Business Centre  
Oldham Road, Ancoats, Manchester M4 5HU

**FREE CUSTOMER PARKING** - 1st & 2nd Floor Max 4 hrs  
*(Please refer to signage onsite)*

**Tel: 0161 839 3312**

[www.glamorous-restaurant.co.uk](http://www.glamorous-restaurant.co.uk)

[info@glamorous-restaurant.co.uk](mailto:info@glamorous-restaurant.co.uk)

@glamorous.restaurant @glamorous\_uk



**WE'RE OPEN AS USUAL DURING THE FESTIVE PERIOD !**

### Our Opening Times

Monday - Thursday 11:30am to 10:00pm  
Friday & Saturday 11.30am to 10:30pm  
Sunday 11:30am to 10:00pm

Last order 45mins before closing

### ! ALLERGY ADVICE

**PLEASE NOTE OUR FOOD MAY CONTAIN THE FOLLOWING:**



If you or any of your guests have an allergy or dietary restrictions, please notify our staff before you order.

*Allergen information is available upon request, please be aware this is subject to change so make sure you check it before each visit.  
Some dishes can be made available as gluten free, please ask for more details.*

*Dine-in Customers:  
Please be aware a discretionary 10% service charge will be added to your bill.*

*Prices were correct at the time of printing but may be subject to change without notice.*

### CHEF'S RECOMMENDATION



Deep Fried Oysters with Chilli Salt & Pepper ..... £19.80



Sautéed King Prawns with Peach in Honey Sauce..... £17.80



Thai-style Aubergine Stuffed with Minced Prawns ..... £17.80



Sizzling Beef Short Ribs in Black Pepper Sauce ..... £18.80

*Pictures for illustration purposes only.*

### SOUP PER PERSON

- 190. Chicken & Sweet Corn Soup ..... £5.50
- 191. Crab Meat & Sweet Corn Soup ..... £5.50
- 192. Peking Hot & Sour Soup ..... £5.50
- 193. Shredded Duck & Preserved Vegetable Soup ..... £6.00
- 194. Won Ton Soup ..... £7.00
- 195. Rainbow Tofu Soup ..... £5.50
- 199. West Lake Minced Beef & Tomato Soup ..... £6.00
- 201. Sliced Pork with Tofu & Vegetable Soup ..... £6.00
- 201.1 Assorted Seafood & Tofu Soup ..... £7.50

### VEGETARIAN STARTERS

- 202. Iceberg Wrap (with or without crushed cashew nuts) ..... £11.50  
*(Diced crunchy vegetables, Chinese mushroom & fresh iceberg lettuce)*
- 203. Mongolian Crispy Vegetarian Lamb ..... £11.50  
*(Served with pancakes, shredded cucumber, spring onion & ho-sin sauce)*
- 204. Vegetarian Platter (minimum order for 2 persons) .. £9.50/person  
*(Spring onions pancake, vegetarian spring roll, crispy vegetable won ton, vegetable sausage & crispy seaweed)*
- 205. Deep Fried Tofu with Salt & Chilli Pepper ..... £12.80
- 206. Crispy Vegetarian Spring Roll ..... £5.50
- 207. Crispy Seaweed ..... £6.50
- 208. Skewered Vegetarian Chicken Satay (2 pieces) ..... £9.50
- 209. Vegetarian Sweet Corn Soup ..... £5.50
- 210. Vegetarian Hot & Sour Soup ..... £5.50
- 211. Rainbow Shredded Vegetable Soup ..... £5.50
- 212. Mixed Vegetable & Tofu Soup ..... £5.50

### STARTERS



Aromatic Crispy Duck whole £42.80 half £26.80 quarter £14.80  
*(Served with pancakes, shredded cucumber, spring onions & ho-sin sauce)*



### STARTERS

- 215. Supreme Combination (minimum order for 2 persons) £10.50/person  
*(Skewered chicken fillet satay, salt & pepper spare ribs, crispy spring rolls, sesame prawn on toast & crispy seaweed)*
- 215.a Dim Sum Combination (minimum order for 2 persons) £10.50/person  
*(Steamed prawn dumplings (har gau), pork & prawn dumplings (sui mai), crispy prawn won ton, deep fried prawn parcel (fun gor), crispy spring rolls & crispy seaweed)*
- 216. Steamed Garlic Butterfly King Prawns (in shell) ..... £23.00  
*(With crushed garlic & vermicelli)*
- 217. Steamed Fresh Scallop in Shell ..... £5.50 Each  
*(With crushed garlic & vermicelli)*
- 217.1 Deep Fried Crab Claw Stuffed with Minced Prawns ... £7.50 Each
- 217.2 Barbecue Spare Ribs ..... £12.50
- 217.3 Salt & Pepper Spare Ribs ..... £12.50
- 217.5 Spare Ribs in Peking Sauce ..... £12.50
- 217.5a Salt & Pepper Chicken Wings ..... £12.50
- 217.6 Fillet Steak Roll (2 pieces) ..... £10.50  
*Cantonese Sauce OR Black Pepper Sauce*
- 217.8 Salt & Pepper Frog Legs ..... £16.80
- 217.9 Sesame Prawns on Toast ..... £12.50
- 217.10 Deep Fried Sesame King Prawns with Lemon Sauce ..... £16.80
- 217.11 Deep Fried Squid with Sweet & Sour Sauce ..... £15.80
- 217.12 Salt & Pepper Deep Fried Squid ..... £15.80
- 217.13 Skewered King Prawns in Satay Sauce (2 pieces) ..... £12.00
- 217.14 Skewered Chicken in Satay Sauce (2 pieces) ..... £10.00
- 217.15 Skewered Fillet Steak in Black Pepper Sauce (2 pieces) ..... £12.80
- 217.17 Salt & Pepper Soft Shell Crab ..... £17.80
- 217.18 Crispy Seaweed ..... £6.50
- 217.20 Baked Mussels in Black Bean Sauce OR Spicy Thai Sauce ..... £12.50
- 217.22 Prawn Crackers ..... £3.00
- 217.23 Chicken Iceberg Lettuce Wraps ..... £12.50  
*(Minced chicken, diced Chinese mushroom & fresh iceberg lettuce)*



### SEAFOOD DISHES

- 218. Baked Lobster with Ginger & Spring Onion ..... Seasonal Price
- 219. Baked Lobster with Cheese Sauce ..... Seasonal Price
- 220. Baked Lobster in Black Bean Sauce ..... Seasonal Price
- 221. Steamed Sea Bass with Ginger & Spring Onion ..... Seasonal Price
- 222. Steamed Turbot with Ginger & Spring Onion ..... Seasonal Price
- 223. Grilled Dover Sole ..... Seasonal Price
- 224. Sautéed Assorted Seafood ..... £18.80
- 225. Sautéed Fresh Scallops ..... £18.80
- 226. Stir Fried Scallops with Seasonal Vegetable ..... £18.80
- 227. Stir Fried Squid with Green Peppers in Black Bean Sauce ..... £15.80
- 228. Stir Fried Squid with Ginger & Spring Onion ..... £15.80
- 230. Braised Battered Fish Fillet with Sweet & Sour Sauce ..... £16.80
- 231. Braised Battered Fish Fillet with Green Peppers Black Bean Sauce ..... £16.80
- 232. Braised Battered Fish Fillet with Sweet Corn ..... £16.80
- 233. Braised Battered Fish Fillet in Szechuan Sauce ..... £16.80
- 233.1 Fish Fillet with Ginger & Spring Onion ..... £19.80
- 234. Deep Fried Deboned Sea Bass in Szechuan Sauce (per pound)..... £18.00
- 235. Braised Fish Fillet with Shredded Pork ..... £16.80
- 236. Deep Fried Oysters ..... £18.80
- 237. Stir Fried Oysters with Ginger & Spring Onion ..... £18.80

### KING PRAWN DISHES



- 238.1 Stir Fried King Prawn in Curry Sauce ..... £16.80
- 239. Stir Fried King Prawn with Straw Mushrooms ..... £16.80
- 240. Kung-po King Prawn ..... £16.80
- 242. Poached King Prawn with Chilli Soya Sauce ..... £16.80
- 243. Stir Fried King Prawn with Baby Sweet Corn ..... £16.80
- 244. Salt & Pepper King Prawn ..... £16.80
- 245. Stir Fried King Prawn with Seasonal Vegetable ..... £16.80
- 246. Sweet & Sour King Prawn ..... £16.80
- 247. Stir Fried King Prawn with Cashew Nuts ..... £17.80
- 248. Stir Fried King Prawn with Green Peppers in Black Bean Sauce .. £16.80
- 249. Stir Fried King Prawn in Satay Sauce ..... £16.80
- 250. Stir Fried King Prawn in Szechuan Sauce ..... £16.80
- 251. Stir Fried King Prawn in OK Sauce ..... £16.80
- 251.1 Stir Fried King Prawn with Dried Chillies (Dry) ..... £16.80

### SIZZLING DISHES

- 252. Sizzling Fillet Steak Thai Style ..... £18.80
- 253. Sizzling Fillet Steak with Preserved Mustard Leaves ..... £18.80
- 254. Sizzling Fillet Steak in Cantonese Sauce ..... £18.80
- 255. Sizzling Fillet Steak with Ginger & Spring Onion ..... £18.80
- 256. Sizzling Fillet Steak in Black Pepper Sauce ..... £18.80
- 257. Sizzling Fillet Steak in Satay Sauce ..... £18.80
- 258. Sizzling King Prawns in Szechuan Sauce ..... £16.80
- 259. Sizzling King Prawns with Green Peppers in Black Bean Sauce .. £16.80
- 260. Sizzling Assorted Seafood with Ginger & Spring Onion ..... £18.80
- 261. Sizzling Scallops with Seasonal Vegetable ..... £18.80
- 262. Sizzling Fish Fillet in Sweet & Sour Sauce ..... £16.80
- 263. Sizzling Oysters with Ginger & Spring Onion ..... £18.80

### BIRDS NEST DISHES

- 264. Glamorous Assorted Seafood & Vegetable in Birds Nest ..... £19.00
- 265. Diced Fillet Steak & King Prawns in Birds Nest ..... £18.80
- 266. King Prawns with Honey Peach & Cashew Nuts in Birds Nest £17.80
- 267. Fillet Steak in Cantonese Sauce in Birds Nest ..... £18.80
- 268. Stir Fried Lamb with Ginger & Spring Onion in Birds Nest .... £18.80
- 269. Fillet Steak & Seasonal Vegetable in Birds Nest ..... £18.80
- 270. Stir Fried Scallops & Honey Peach in Birds Nest ..... £18.80



### CHICKEN DISHES

- 271. Crispy Deep Fried Spring Chicken ..... whole £29.00 half £16.80
- 272. Singapore Style Stir Fried Sliced Chicken ..... £14.80
- 273. Stir Fried Sliced Chicken with Cashew Nuts ..... £15.80
- 274. Stir Fried Sliced Chicken in Satay Sauce ..... £14.80
- 275. Sliced Chicken with Green Peppers in Black Bean Sauce ..... £14.80
- 276. Stir Fried Chicken with Pineapple ..... £14.80
- 277. Stir Fried Chicken in Oyster Sauce ..... £14.80
- 278. Deep Fried Chicken in Sweet & Sour Sauce ..... £14.80
- 279. Deep Fried Chicken in Honey & Lemon Sauce ..... £14.80
- 280. Chicken & Pineapple with Peking Sauce ..... £14.80
- 281.1 Stir Fried Chicken with Dried Chillies (Dry) ..... £15.80

### DUCK DISHES

- 282. Stir Fried Duck Slices with Seasonal Vegetable ..... £15.80
- 283. Stir Fried Duck Slices with Pineapple ..... £15.80
- 284. Stir Fried Duck Slices with Green Peppers in Black Bean Sauce £15.80
- 285. Stir Fried Duck Slices in Lemon & Honey Sauce ..... £15.80
- 286. Stir Fried Duck Slices in Fresh Orange Sauce ..... £15.80
- 287. Stir Fried Duck Slices in Plum Sauce ..... £15.80
- 288. Stir Fried Duck Slices Stuffed with Minced Prawns ..... £18.80

### BEEF DISHES

- 289. Stir Fried Beef with Cashew Nuts ..... £15.80
- 290. Stir Fried Beef with Green Peppers in Black Bean Sauce ..... £14.80
- 291. Stir Fried Beef with Ginger & Spring Onion ..... £14.80
- 291.1 Stir Fried Beef in Curry Sauce ..... £14.80
- 292. Stir Fried Beef in Satay Sauce ..... £14.80
- 293. Stir Fried Beef in Szechuan Sauce ..... £14.80
- 294. Stir Fried Beef with Pineapple ..... £14.80
- 295. Stir Fried Beef with Straw Mushrooms in Oyster Sauce ..... £14.80
- 296. Stir Fried Beef with Seasonal Vegetable ..... £14.80
- 297. Crispy Shredded Beef with Peking Sauce ..... £14.80
- 297.1 Stir Fried Spicy Cumin Beef (Dry) ..... £15.80

### PORK DISHES



- 298. Chilli Salt & Pepper Succulent Pork Chop ..... £16.80
- 298.1 Succulent Pork Chop in Fruity Sauce ..... £16.80
- 300. Sweet & Sour Pork ..... £14.80
- 301. Stir Fried Pork in Yellow Bean Sauce ..... £14.80
- 302. Stir Fried Pork in Satay Sauce ..... £14.80
- 303. Stir Fried Pork with Green Peppers in Black Bean Sauce ... £14.80
- 304. Stir Fried Pork with Cashew Nuts ..... £15.80
- 305. Stir Fried Pork with Pineapple ..... £14.80
- 306. Stir Fried Pork in Oyster Sauce ..... £14.80
- 307. Stir Fried Pork with Seasonal Vegetable ..... £14.80
- 308. Stir Fried Pork in Szechuan Sauce ..... £14.80
- 309. Stir Fried Pork with Bamboo Shoots & Chinese Mushrooms ... £14.80

### LAMB DISHES

- 310. Stir Fried Lamb with Ginger & Spring Onion ..... £18.80
- 311. Stir Fried Lamb in Yellow Bean Sauce ..... £18.80
- 312. Stir Fried Lamb in Black Pepper Sauce ..... £18.80
- 313. Stir Fried Lamb in Satay Sauce ..... £18.80
- 313.1 Stir Fried Spicy Cumin Lamb (Dry) ..... £18.80



### CANTONESE ROAST MEAT

- 314. Roast Crispy Pork Belly ..... £15.00
- 315. Honey Roast Pork (Char Sui) ..... £15.00
- 316. Cantonese Roast Duck (Half) ..... Additional £2 for off the bone £18.80
- 317. Chicken in Sweet Soy Sauce (Half) ..... Additional £2 for off the bone £14.00
- 318. Cantonese Three Roast Meat ..... Additional £1 for off the bone £16.80
- 319. Cantonese Roast Suckling Pig (Served with ho-sin sauce).... £35.00